# FREDERICK J. (FRITZ) SCHOEPFLIN, PH.D.

Licensed Clinical Psychologist - New Mexico license #1475

**Business contact information:** 

9426 Indian School Rd NE - Suite 1 | Albuquerque, NM 87112

phone: 505-345-6100 fax: 505-345-4531

# EDUCATION AND TRAINING

2016 – present	New Mexico Veterans Affairs Health Care System, Albuquerque, New Mexico ➤ APA-Accredited Postdoctoral Fellowship ➤ Couples & Family Emphasis
2016	<ul> <li>Idaho State University, Pocatello, Idaho</li> <li>➤ APA-Accredited Clinical Psychology Training Program</li> <li>➤ Ph.D. in Clinical Psychology</li> </ul>
2015 - 2016	<ul><li>University of Central Florida Counseling and Psychological Services,</li><li>Orlando, Florida</li><li>➤ APA-Accredited Doctoral Internship</li></ul>
2014	Idaho State University, Pocatello, Idaho  ➤ M.S. in Psychology
2008	Washington State University, Pullman, Washington ➤ B.S. in Psychology

# CLINICAL EXPERIENCE

2017 –	<b>Licensed Clinical Psychologist</b>
present	Behavior Therapy Associates, Albuquerque, New Mexico
2016 – present	Postdoctoral Fellow New Mexico Veterans Affairs Health Care System, Albuquerque, New Mexico ➤ Clinical population: US military veterans

# Primary clinical duties:

- ➤ Provide Integrative Behavioral Couples Therapy (IBCT) to veterans and their partners with mood/anxiety/substance use disorders
- > Provide Cognitive Processing Therapy (CPT) to individuals with PTSD
- ➤ Conduct comprehensive intake assessments and develop treatment plans
- > Facilitate anger management Cognitive Behavioral Therapy (CBT) groups
- > Provide weekly consultation to interdisciplinary treatment teams

FRITZ SCHOEPFLIN PAGE 2

# 2015 - **Psychology Intern**

2016 University of Central Florida Counseling and Psychological Services, Orlando, Florida

Clinical population: College students

#### Primary clinical duties:

- ➤ Provided short-term (4-6 sessions) integrative individual therapy
- ➤ Led or co-led 7 different therapy groups (8-10 sessions each) intimacy, family, acceptance and commitment therapy (ACT), interpersonal process, CBT for social anxiety, mindfulness
- Provided crisis/on-call coverage (monthly 5-hour shifts)
- > Provided bi-weekly consultation to interdisciplinary treatment teams
- ➤ Conducted assessment of personality, clinical diagnosis, and career path
- Provided outreach to educate about mental health, reduce stigma, orient students to mental health resources, and promote student leadership

# 2014 Community-Based Rehabilitation Specialist

ALLIES Family Services, Pocatello, Idaho

Clinical population: Children/adolescents in community

#### Primary clinical duties:

- Provided psychosocial rehabilitation in home and community
- ➤ Implemented behavior modification principles
- > Conducted psychoeducational assessment and developed treatment plans

#### 2012 - Practicum Student

2014 Idaho State University Counseling and Testing Services, Pocatello, Idaho

Clinical population: College students

#### Primary clinical duties:

- > Provided short- and long-term integrative individual therapy
- ➤ Co-led 4 different therapy groups (8-10 sessions each) dialectical behavior therapy (Linehan's 4 modules), interpersonal process
- Provided process observation to one interpersonal process group
- > Provided outreach on suicide prevention and stress management

#### 2012 - Practicum Extern

2013

Idaho Department of Health and Welfare, Region VI, Pocatello, Idaho

Clinical populations: Adolescents and adults in mental health court

#### Primary clinical duties:

- Conducted neuropsychological and forensic assessments and developed treatment plans
- > Provided CBT and MI for comorbid mental health and legal issues
- > Implemented competency restoration to prepare offenders for trial
- Provided consultation to other providers about psychological assessment

FRITZ SCHOEPFLIN PAGE 3

#### 2010 - Practicum Student

2013 Idaho State University Psychology Clinic, Pocatello, Idaho

Clinical populations: College students, adults in community

#### Primary clinical duties:

- Provided CBT for anxiety, depression, panic, substance use, and OCD
- ➤ Provided IBCT co-therapy to couples
- ➤ Conducted psychoeducational and neuropsychological assessments
- ➤ Conducted evaluations for individuals seeking public safety employment

#### 2011 - Clinical Research Assistant

2012

Idaho State University Institute of Rural Health, Pocatello, Idaho

Clinical population: Couples in community with diabetes

# Primary clinical duties:

- Conducted assessment of relationship satisfaction and diabetes self-care
- ➤ Reviewed videos and coded interactive behaviors between partners
- ➤ Led 3 episodes of CBT for couples group therapy (5 sessions each) designed to improve couples' cohesiveness and diabetes management
- Managed data set and assisted in manuscript preparation

## 2011 Practicum Student

Eastern Idaho Regional Medical Center, Idaho Falls, Idaho

Clinical populations: Adolescents on inpatient unit, adults receiving medical care

## Primary clinical duties:

- Conducted personality and psychoeducational assessments
- > Assisted in conducting bariatric evaluations
- Provided interdisciplinary treatment consultation to nursing and psychiatry

#### 2011 Practicum Student

Seasons of Hope (Private Practice), Pocatello, Idaho

> Clinical populations: Children, adolescents, and adults in community

#### Primary clinical duties:

- > Provided CBT for individuals
- > Provided traditional behavioral couples therapy (TBCT) to couples
- Conducted neuropsychological, personality, and psychoeducational assessments and developed treatment plans
- Provided interdisciplinary consultation to occupational and speech therapists

FRITZ SCHOEPFLIN PAGE 4

## **PUBLICATIONS**

2011

Lawyer, S. & **Schoepflin, F.** (2013). Predicting domain-specific outcomes using delay and probability discounting for sexual versus monetary outcomes. *Behavioural Processes*, *96*, 71-78.

Lawyer, S., **Schoepflin, F.**, Green, R., & Jenks, C. (2011). Discounting of hypothetical and potentially real outcomes in nicotine-dependent and nondependent samples. *Experimental and Clinical Psychopharmacology*, *10*(4), 263-274.

# TEACHING EXPERIENCE

#### 2010 - Course Instructor

2011 Idaho State University, Pocatello, Idaho

- ➤ Abnormal Psychology 2 terms
- ➤ Introduction to Psychology 3 terms
- Careers in Psychology 1 term

## 2009 **Graduate Teaching Assistant**

Idaho State University, Pocatello, Idaho

- Psychology of Learning 1 term
- ➤ Behavioral Pharmacology 1 term
- ➤ Introduction to Psychology 1 term

## PROFESSIONAL AFFILIATIONS

New Mexico Psychological Association (NMPA)

Association for Contextual and Behavioral Sciences (ACBS)